PURO VIK WELLNESS

Deep Regulation

Rituals designed to support states of tension, overwhelm and fatigue through touch, breathwork and reduced sensory stimulation. Experiences that invite guests to slow their inner pace, reconnect with the present moment and encourage deeper regulation.

Nervous System Reset Ritual	75 min.	215,000 CLP
Digital Decompression Ritual	75 min.	195,000 CLP
Vital Reserve Ritual	90 min.	235,000 CLP
Nightfall Sleep Ritual	60 min.	160,000 CLP

Body Massage

Body massages designed to address different needs related to rest, tension, mobility and recovery. Through carefully calibrated pressure, rhythm and manual techniques, each experience aims to ease physical tension, promote deeper rest and restore greater comfort, fluidity and freedom of movement.

Deep Rest Massage	60 min.	160,000 CLP
Deep Rest Massage	90 min.	235,000 CLP
Deep Tissue Massage	60 min.	180,000 CLP
Deep Tissue Massage	90 min.	235,000 CLP
Lymphatic Flow Massage	60 min.	160,000 CLP
Lymphatic Flow Massage	75 min.	215,000 CLP
Performance Stretch Massage	60 min.	160,000 CLP
Performance Stretch Massage	90 min.	195,000 CLP
Breath & Motion Massage	60 min.	160,000 CLP
Breath & Motion Massage	90 min.	195,000 CLP
Circadian Pulse Massage	60 min.	160,000 CLP
Circadian Pulse Massage	90 min.	235,000 CLP

Warm Body

Body rituals where warmth, texture and elements of the surrounding landscape are integrated into the hands-on treatment to ease muscular tension and encourage a sense of rest and restoration. Warm and sensory experiences that connect the body with the natural materials and identity of Millahue.

Hot Stone Massage	75 min.	235,000 CLP
Botanical Pinda Ritual	75 min.	235,000 CLP
Mineral Clay Body Ritual	75 min.	250,000 CLP

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Bathing & Immersion

Immersion baths where water, temperature, and elements of the land come together to create sensory experiences of pause, renewal, and rest. Each ritual expresses its own identity through the vineyard, the mineral character of the coast, or the botanicals from our garden.

VIK Wine Bath	45 min.	140,000 CLP
Cáhuil Mineral Awakening	45 min.	110,000 CLP
Botanical Rest Bath	45 min.	110,000 CLP

Targeted Wellness

Focused rituals that address specific areas of heightened physical, mental, and sensory tension through reflexology and craniofacial techniques. Each experience serves a precise purpose: releasing localised tension, promoting inner comfort, allowing the mind to rest, or preparing the body for deeper relaxation.

Rooting	45 min.	140,000 CLP
Quiet Sole	45 min.	140,000 CLP
Digestive Flow	45 min.	140,000 CLP
Jaw Release	45 min.	140,000 CLP
Head Clarity	45 min.	140,000 CLP
Cranial Rest	45 min.	140,000 CLP

Facials

Pruina de Vid Facial	75 min.	235,000 CLP
Vine Skin Hydration Facial	75 min.	235,000 CLP
Harvest Glow Facial	75 min.	235,000 CLP
Mineral Clay Facial	75 min.	235,000 CLP
Botanical Steam Facial	75 min.	235,000 CLP
Slow Renewal Facial	75 min.	235,000 CLP

Flotation

Sensory Flotation Suite	60 min.	140,000 CLP

Recovery

Leg Recovery Compression	45 min.	140,000 CLP

Yoga

Morning Yoga – Private One-on-One Session	60 min.	160,000 CLP
Morning Yoga – Private Couples' Session	60 min.	230,000 CLP